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Subject: Poems and prose

Posted by [maxine](#) on Mon, 07 Dec 2020 11:56:10 GMT

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Charles and I have found poems and prose which has helped us to grieve. If there is a passage or poem which has worked for you please let us know and we can put them up on the website - they might help others.

Also writing our own poems can be helpful - sometimes the poem emerges deep from inside and once out can contain thoughts or ideas which can help. Let us have anything that you think would be good for others.

Thank you

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